



1669 Mahan Center Blvd.
Tallahassee, FL 32308

CAPSTONE CENTER
Counseling • Education • Consulting

ph. (850) 219-8985
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NATIONAL RESOURCES

American Foundation for Suicide Prevention

<https://afsp.org/>

Anxiety and Depression Association of America

<https://adaa.org/>

Compassionate Friends (Loss of a Child)

<https://www.compassionatefriends.org/>

Dementia Action Alliance

<https://daanow.org/>

EMDR Institute (Eye Movement Desensitization and Reprocessing)

<http://www.emdr.com/>

The GW Institute for Spirituality and Health

<http://www.gwumc.edu/gwish/soerce/index2.cfm>

Legacy Project

<http://www.legacyproject.org/index.html>

National Alliance for Grieving Children

<http://www.nationalallianceforgrievingchildren.org/>

National Alliance on Mental Illness

<https://www.nami.org/>

National Center for PTSD

<https://www.ptsd.va.gov/>

National Childhood Traumatic Stress Network

<http://www.nctsnet.org/>

National Hospice and Palliative Care Organization

<https://www.nhpco.org/>



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National Institute on Mental Health

<https://www.nimh.nih.gov/index.shtml>

National Organization for Victim Assistance

<https://www.trynova.org/>

National Suicide Prevention Helpline

<https://suicidepreventionlifeline.org/>

National Widowers Association

<https://nationalwidowers.org/>

New York Life Bereavement Resources

<https://www.newyorklife.com/foundation/bereavement>

Pet Loss

<http://www.petloss.com/>

Roselynn Carter Institute for Caregiving

<http://www.rosalynncarter.org/>

Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/>

Suicide Prevention Resource Center

<https://www.sprc.org/>

Therapeutic Touch

<http://therapeutictouch.org/>

Tragedy Assistance Program for Survivors

<https://www.taps.org/>

What's Your Grief?

<https://whatsyourgrief.com/>



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Workplace Health: Center for Disease Control

<https://www.cdc.gov/workplacehealthpromotion/index.html>